CLAIMS

I claim:

- 1 1. An apparatus comprising:
- a handle;
- a flexible body portion coupled to the handle, the
- 4 flexible body portion having dimensions suitable for
- 5 insertion into and navigation through a body, the flexible
- 6 body portion defining a lumen therethrough and having a
- 7 distal portion and a proximal portion, wherein the proximal
- 8 portion comprises
- a flexible element disposed around the lumen, and
- a braid disposed over the flexible element;
- a first plastic coating impregnated into the proximal
- 12 portion of the flexible body portion;
- a second plastic coating impregnated into the distal
- 14 portion of the flexible body portion;
- an anchor element disposed in the distal portion of the
- 16 flexible body portion; and
- a tendon wire having a distal end coupled to the anchor
- 18 element and a proximal end coupled to the handle such that
- 19 manipulation of the handle results in deflection of the
- 20 distal portion of the flexible body portion.
 - 1 2. The apparatus of Claim 1 further comprising:
 - 2 an electrical interface electrically coupled to the tendon
 - 3 wire, wherein the anchor element and the tendon wire each
 - 4 comprise electrically conductive material such that an
 - 5 instrument can receive an electrical signal from the tendon
 - 6 wire through the electrical interface.
 - 1 3. The apparatus of Claim 1, wherein the anchor
 - 2 element comprises:

- at least one of a ring and an electrode.
- 1 4. The apparatus of Claim 3, further comprising:
- a third plastic coating, stiffer than the second
- 3 plastic coating, disposed on an area just proximal to the
- 4 anchor element.
- 1 5. The apparatus of Claim 1, wherein the flexible
- 2 element is at least one of a coil and a second braid.
- 1 6. The apparatus of Claim 5, wherein the flexible
- 2 element is one of a single coil and a multi-filar coil.
- The apparatus of Claim 5, wherein the first braid
- 2 is wound at an angle of approximately 55 degrees relative to
- 3 a longitudinal axis of the flexible body portion.
- 1 8. The apparatus of Claim 1, further comprising:
- a first piece of elastically deformable material
- 3 disposed on a first area of the distal portion of the
- 4 flexible body portion; and
- a second piece of elastically deformable material
- 6 disposed on a second area of the distal portion of the
- 7 flexible body portion, the second area located approximately
- 8 180 degrees from the first area.
- 1 9. The apparatus of Claim 8, further comprising:
- a coil of elastically deformable material coupled to
- 3 each of the first and second pieces of elastically
- 4 deformable material.
- 1 10. The apparatus of Claim 1, further comprising:
- a second lumen defined by the flexible body portion;
- 3 and
- an elongate stabilizing member having a distal end, the
- 5 stabilizing member to be disposed within the second lumen

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- 6 such that the distal end of the stabilizing member protrudes
- 7 therefrom such that the distal end of the stabilizing member
- 8 may be placed in a position within the body to act as a
- 9 reference point for the flexible body portion.
- 1 11. The apparatus of Claim 1, further comprising:
- a location sensor disposed on the distal portion of the
- 3 flexible body portion, the location sensor to indicate a
- 4 position of the distal portion of the flexible body portion
- 5 within the body by at least one of an electromagnetic
- 6 mapping system, a radio frequency mapping system, and an
- 7 ultrasonic mapping system.
- 1 12. The apparatus of Claim 1, further comprising:
- an accelerometer disposed on the distal portion of the
- 3 flexible body portion, the accelerometer to obtain
- 4 information regarding cardiac tissue motion.
- 1 13. A substance delivery system comprising:
- a guide catheter comprising
- a handle;
- a flexible body portion coupled to the handle, the
- 5 flexible body portion having dimensions suitable for
- 6 insertion into and navigation through a body, the flexible
- 7 body portion defining a lumen therethrough and having a
- 8 distal portion and a proximal portion, wherein the proximal
- 9 portion comprises
- a flexible element disposed around the
- 11 lumen, and
- a braid disposed over the flexible element;
- a first plastic coating impregnated into the
- 14 proximal portion of the flexible body portion;
- a second plastic coating impregnated into the
- 16 distal portion of the flexible body portion;

- an anchor element disposed in the distal portion
- of the flexible body portion; and
- a tendon wire having a distal end coupled to the
- 20 anchor element and a proximal end coupled to the handle such
- 21 that manipulation of the handle results in deflection of the
- 22 distal portion of the flexible body portion; and
- a needle catheter to be disposed within the lumen of
- 24 the guide catheter such that a distal end of the needle
- 25 catheter can protrude from an opening in the distal end of
- 26 the guide catheter, the needle catheter comprising
- a duplex spring impregnated with a third plastic
- 28 coating,

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- a braided shaft disposed over the duplex spring,
- a needle coupled to an inner diameter of the
- 31 duplex spring,
- an electrode coupled to the distal end of the
- 33 needle catheter, the electrode having an opening through
- 34 which the needle is movable between a retracted position and
- 35 a deployed position,
- an electrical insulator disposed between the
- 37 needle and the electrode, and
- a needle control assembly comprising
- an elastically deformable element coupled to
- 40 at least one of the duplex spring and the braided shaft of
- 41 the needle catheter, and
- 42 a release mechanism which releasably engages
- 43 the elastically deformable element when the elastically
- 44 deformable element is in a position which corresponds to the
- 45 needle being in the retracted position.
- 1 14. The substance delivery system of Claim 13 further
- 2 comprising:

- an electrical interface electrically coupled to the
- 4 tendon wire, wherein the anchor element and the tendon wire
- 5 each comprise electrically conductive material such that an
- 6 instrument can receive an electrical signal from the tendon
- 7 wire through the electrical interface.
- 1 15. The substance delivery system of Claim 13, wherein
- 2 the anchor element comprises
- at least one of a ring and an electrode.
- 1 16. The substance delivery system of Claim 15, further
- 2 comprising:
- a fourth plastic coating, stiffer than the second
- 4 plastic coating, disposed on an area just proximal to the
- 5 anchor element.
- 1 17. The substance delivery system of Claim 13, wherein
- the flexible element is at least one of a coil and a second
- 3 braid.
- 1 18. The substance delivery system of Claim 17, wherein
- 2 the flexible element is one of a single coil and a multi-
- 3 filar coil.
- 1 19. The substance delivery system of Claim 17, wherein
- 2 the first braid is wound at an angle of approximately 55
- 3 degrees relative to a longitudinal axis of the guide
- 4 catheter.
- 1 20. The substance delivery system of Claim 13, further
- 2 comprising:
- a first piece of elastically deformable material
- 4 disposed on a first area of the distal portion of the
- 5 flexible body portion; and

- a second piece of elastically deformable material
- 7 disposed on a second area of the distal portion of the
- 8 flexible body portion, the second area located approximately
- 9 180 degrees from the first area.
- 1 21. The substance delivery system of Claim 20, further
- 2 comprising:
- a coil of elastically deformable material coupled to
- 4 each of the first and second pieces of elastically
- 5 deformable material.
- 1 22. The substance delivery system of Claim 13, further
- 2 comprising:
- a second lumen defined by the flexible body portion;
- 4 and
- 5 an elongate stabilizing member having a distal end, the
- 6 stabilizing member to be disposed within the second lumen
- 7 such that the distal end of the stabilizing member protrudes
- 8 therefrom such that the distal end of the stabilizing member
- 9 may be placed in a position within the body to act as a
- 10 reference point for the flexible body portion.
- 1 23. The substance delivery system of Claim 13, further
- 2 comprising:
- a location sensor disposed on the distal portion of the
- 4 flexible body portion, the location sensor to indicate a
- 5 position of the distal portion of the flexible body portion
- 6 within the body by at least one of an electromagnetic
- 7 mapping system, a radio frequency mapping system, and an
- 8 ultrasonic mapping system.

- 1 24. The substance delivery system of Claim 13, further 2 comprising:
- an accelerometer disposed on at least one of the distal
- 4 portion of the flexible body portion and a distal portion of
- 5 the needle catheter, the accelerometer to obtain information
- 6 regarding cardiac tissue motion.
- 1 25. The substance delivery system of Claim 13, wherein
- 2 the elastically deformable element comprises:
- 3 a spring.
- 1 26. The substance delivery system of Claim 25, wherein
- the release mechanism comprises:
- a housing having the spring disposed within the
- 4 housing;
- a stop disposed within the housing, distal to the
- 6 spring, and coupled to at least one of the duplex spring and
- 7 the braided shaft of the needle catheter;
- 8 a first latch pivotally coupled to the housing and
- 9 having a movable portion biased towards the housing, the
- 10 first latch having an angled portion and a flat portion, the
- 11 flat portion to engage the stop when the needle is in the
- 12 retracted position; and
- a second latch pivotally coupled to the housing and
- 14 having a movable portion biased towards the housing, the
- 15 second latch to releasably engage the first latch when the
- 16 flat portion of the first latch is in contact with the stop
- in order to prevent the first latch from releasing the stop.
- 1 27. The substance delivery system of Claim 13, further
- 2 comprising:

- a reference electrode coupled to at least one of the
- 4 distal portion of the guide catheter, a distal portion of
- 5 the needle catheter, and an outer surface of the body
- 1 28. A method comprising:
- inserting a substance delivery system into a body, the
- 3 substance delivery system comprising a guide catheter and a
- 4 needle catheter, the needle catheter having a needle movable
- 5 between a retracted position and a deployed position, a
- 6 needle shaft assembly, an elastically deformable element
- 7 coupled to a portion of the needle shaft assembly, and a
- 8 release mechanism that releasably engages the elastically
- 9 deformable element when the elastically deformable element
- 10 is in a position which corresponds to the needle being in
- 11 the retracted position;
- moving the substance delivery system to a desired
- 13 position within the body;
- setting the release mechanism to hold the needle in the
- 15 retracted position;
- 16 releasing the release mechanism when the substance
- 17 delivery system is in a desired position for insertion of
- 18 the needle into a portion of the body.
- 1 29. The method of Claim 28, wherein inserting
- 2 comprises:
- inserting the guide catheter into the body; and
- inserting the needle catheter into the guide catheter.
- 1 30. The method of Claim 28, further comprising:
- injecting a substance into the body through the needle.